

Grow Your Own Veggies

Sure vegetables are good for you. But, they are fun to grow too. Here's a list of the easiest ones to grow. You can either buy the plants when they are small and plant them into the ground or in large pots, or you can buy a packet of seeds. Always follow the instructions on your seed packet.

First, draw your garden on a piece of paper. Draw the vegetables in rows. For this garden, you will have one row of radishes, one row of lettuce, one row of cherry tomatoes and one row of carrots. Make sure you have at least 20 inches between your rows, so the plants have room to grow. Leave about 6 inches between the plants in the same row.

Radishes – These are fun to grow because they grow quickly. You won't have to wait too long before you see them.

Lettuce – It's easy to grow, and you can keep planting it throughout the summer. You might find snails or slugs, and they could harm your crop.

Cherry Tomatoes – These are really easy to grow. You can pick up some seeds or small plants. They like lots of sun. If they grow too tall, you can place a stake and gently tie them to it. Did you know that tomatoes are really a fruit?

Carrots – These are easy to grow and there are many different kinds to choose from.

Remember to weed your garden, and water regularly. Soon, you'll have yummy veggies!